Peer Support Specialist

Beehive Rehabilitation and Counseling

Open for Recruitment: until April 30, 2021

Salary Range: \$17.00- \$19.00 per hour

Hours: Part Time up to 20 hours a week

Location: 490 Park Avenue Suite 4 Idaho Falls, 83402

Beehive Rehabilitation and Counseling has a current opening for a Peer Support Specialist in Idaho Falls. A CPSS is a person who has lived experience with their own mental illness or co-occurring disorders, is strong in their recovery, and works alongside individuals receiving mental health services to role model recovery and support individuals in setting and achieving recovery goals.

Beehive Rehabilitation and Counseling is a drug-free workplace. Any applicant offered employment in this position will be required to pass a pre-employment drug test and a criminal history background check.

Please send your resume to Teresa@beehiverc.com or fax to 208-612-5036

Responsibilities:

Provide peer support and mentoring one on one with individuals Provide support services to adult clients in a variety of settings

Assist clients in completing documents necessary to obtain employment, vocational and other community resource services; explain policies and procedures to clients

Provide input in developing trauma-informed, person-centered, strength-based, recovery-oriented assessments and services plans

Maintain documentation as required Participate in interdisciplinary team meeting

Provide ongoing perspective to members on the experience of living with mental illness and the recovery process Communicate with the interdisciplinary team about participants' strengths, accomplishments, and choices in relation to their recovery goals

Minimum Qualifications:

Completion of Idaho peer support specialist training and certification

High School Diploma or GED

Experience working with clients who may be behaviorally, socially, physically and/or mentally challenged

Ability to communicate effectively, both verbally and in writing

Ability to provide peer support while maintaining appropriate professional boundaries with participants

Ability and willingness to participate as a member of a multidisciplinary team

Ability to perform basic arithmetic

Must be able to pass a background check through Dept. of Health and Welfare

Access to a vehicle for independent travel

Valid driver's license and motor vehicle insurance

Ethics and Professional Conduct:

Follow the Idaho Certified Peer Support Specialist Code of Ethics and Professional Conduct
Maintain professional boundaries with participants
Work with individuals over the age of 18

Work with participants of all races, religions, and socioeconomic backgrounds in a respectful and non-judgmental manner

Contribute to a recovery-based environment by using person first language, respectful documentation, and personcentered planning

Hours:

CPSS are able to work a flexible schedule and set their own hours. CPSS will meet one-on-one with supervisor once per week.

Office Hours are Monday – Friday 8:00 a.m. to 5:00 p.m.

Cell Phone, Laptop:

A work cell phone can be provided for your use. You may also use your own cell phone and receive a monthly reimbursement. CPSS use their personal vehicle to perform job duties. Travel reimbursement is provided for areas outside the Idaho Falls area. This is reimbursed at your hourly wage. A laptop is provided at the office to complete treatment plans, reviews and log notes.

Benefits:

Paid staff supervision, Vacation for employees working over 30 hours per week.

OVERALL FUNCTION

The Peer Support Specialist will provide peer support services to adults with serious and persistent mental illness. All Peer Support Specialist services will promote hope, wellness, and recovery outcomes for clients. The Peer Support Specialist will also reinforce a culture of recovery and client-centered services within the Community Based Rehabilitation Services Program.

<u>Recovery:</u> For persons living with mental illness, recovery is an individual experience and encompasses all aspects of one's life. Recovery is a process of change aimed at living a satisfying and meaningful life. The recovery journey involves the development of hope, self-esteem, and purpose; making one's own choices; forming connections with others; and gaining knowledge to manage one's own life.

<u>Recovery-based Services:</u> This service approach emphasizes client self-direction, responsibility and empowerment; is holistic, non-linear, strength based, and person-centered; offers respect and hope; and integrates peer support.

SPECIFIC RESPONSIBILITIES

Peer Specialist services to clients/ Beehive Team members:

- 1. Work with persons individually and in group settings to develop recovery plans which build on their strengths.
- 2. Assist person in achieving their recovery skills
- 3. Provide hope and encouragement by serving as a role model in recovery
- 4. Teach skills and strategies to problem solve, identify and combat negative self-talk, overcome fears, cope, self-manage illness, and prevent relapse.
- 5. Provide individual assistance and education in obtaining community services, maintaining life supports such as housing or income, carrying out the tasks of daily living, and participating in support groups or other community networks.
- 6. Offer support in working toward physical and mental wellness, including healthy behaviors.
- 7. Serve as a resource to Beehive Team on incorporating recovery strategies and tools into all client services. Reinforce an approach of client self-determination in all aspects of service planning.
- 8. Provide an ongoing perspective to Beehive Team members on the experience of mental illness and recovery.

- 9. Participate in all Beehive Team meeting in developing client assessments and service plans, and coordinating client service provisions.
- 10. Generate service notes on each individual client for their records.
- 11. Participate in any in-service training with Beehive Team members.
- 12. Adhere and know Beehive and Optum Idaho policies and procedures.
- 13. Accept direction of supervisor to support team philosophy and policies.
- 14. Accept feedback from team members and give the same as appropriate.
- 15. Adhere to all policies regarding documentation.
- 16. Other duties as assigned.

Supervision:

The Peer Support Supervisor will be responsible for day-to-day oversight and support. The supervisor will provide support of service delivery, participation and understanding agency policies and procedures. The CPSS will provide support to the Supervisor in understanding the peer support role and the value of the experience and recovery process.