

Idaho Peer Support Specialist Training

provided by Path to Prime, LLC

Precautions we will be taking to address the health and safety of our trainees during in person trainings

The health and safety of our trainees is of utmost importance and we have a responsibility as a training entity to take all preventative measures regarding the current COVID-19 pandemic. We are asking trainees to take the following precautions during our in-person trainings. We request that trainees who cannot participate in the following precautions attend training online or in the future when precautions are no longer required. We understand some of the precautions outlined below may feel challenging, and we appreciate your understanding in this matter. As a certified peer support specialist, you will be working with many individuals with whom you will have to follow the same guidelines outlined below and it will be good experience for real-life scenarios you will encounter. We are all in this together and appreciate your adaptability.

Proof of Full COVID-19 Vaccination or Negative COVID Test Required

All in person training participants will need to provide proof of full COVID-19 vaccination or proof of a negative COVID-19 test within the 72 hours before training begins. You will receive instructions for providing documentation of vaccination or negative test after you have been accepted into training. Data gathering will be HIPAA compliant and we will not keep or share any of your data. It will only be used to verify proof and allow you to attend training in person.

Vaccination & Testing FAQ'S

When do I need to receive my vaccine in order to be fully vaccinated by the time training starts?

In order to be fully vaccinated in time for your training, you will need to receive your second Moderna or Pfizer dose, or single Johnson & Johnson dose at least 2 weeks prior to the first day of training. If you are not yet vaccinated but plan to start the process, we will still require proof of a negative COVID test within 72 hours before the training begins if you will not be fully vaccinated by the time your training starts.

What if I am only partially vaccinated by the time training begins?

You will need to submit proof of a negative COVID test within 72 hours before the training begins.

Where can I get vaccinated if I want to?

Vaccinations are free and readily available in many areas.

- You can [find a vaccination location in your zip code here](#).
- If you are in the Boise area, you can get a free vaccine at The Egyptian Theatre 11am-3pm, Monday – Friday.
- If you are in Ada, Boise, Elmore, or Valley Counties, you can find a vaccination location [here](#).

If I am not vaccinated, what kind of tests will be accepted?

Any COVID test (PCR or rapid) will be accepted as long as it is taken *no earlier* than 72 hours before your training begins.

Where can I get a COVID test?

[You can search for COVID testing sites in your zip code here](#). Many sites offer free testing with or without insurance.

When do I have to take my COVID test?

If you are providing proof of a negative COVID-19 test, you must take your test no earlier than the Friday before your training begins and provide your results by the Sunday before training starts.

Face Coverings Required

All trainees and facilitators will be *required* to wear a face covering for the entirety of the training. Face coverings must fully cover your nose and mouth and be worn all day. We ask that trainees provide their own masks to ensure their comfort. We will also provide clear face shields to everyone who would like one. We cannot make exceptions to this requirement and trainees who are not able to wear a face covering will be kindly asked to attend training online or at a later date when face coverings are no longer required. Frequent breaks will be provided during which trainees can step outside for fresh air. We understand that wearing a face covering all day may not be desirable, but we have a responsibility as a training entity to adhere to public health guidance. You will also be working with many individuals with whom you will be required to wear a mask and it will be good preparation for real-life situations as a certified peer support specialist.

Physical Distancing

It can be challenging for trainees to remain 6 feet apart when practicing peer support skills. We will do our best to seat trainees 6 feet apart given the training location we have available to us and we ask that trainees sit at a distance that is comfortable for them.

Hand Washing & Sanitizer

We ask that trainees wash their hands frequently throughout the day. We will have hand sanitizer available on each table and encourage trainees to use it on a regular basis.

Sanitation Protocol

Training facility staff and facilitators will be cleaning and sanitizing the training room each day. We will have sanitizing spray, paper towels, tissues, trash cans, and hand sanitizer available in the training room. Trainees are asked to keep their area clean.

Coffee & Tea Station

Complimentary coffee and tea may be available for trainees and we ask that trainees use hand sanitizer prior to using the coffee station.

Confirmation of our ability to hold training in person

We will stay updated on any changes that may take place with current public health recommendations and either move training online via Zoom or postpone trainings as needed to maintain the health and safety of trainees. Trainees will be notified immediately in the event a training must be postponed or moved online.

Stay home if you are sick, without exceptions

Please self-monitor for symptoms of COVID-19 and refrain from attending training if there is any concern about possible infection. If you answer 'yes' to any of the following questions at any time, we ask that you inform a training facilitator immediately and refrain from attending in person training at this time.

1. In the past 14 days, have you come within 6 feet of someone who has tested positive for COVID-19?
2. Do you have any of the following symptoms:

Fever or chills	Cough
Shortness of breath or difficulty breathing	
Fatigue	Muscle or body aches
Headache	New loss of taste or smell
Sore throat	Congestion or runny nose
Diarrhea	Nausea or vomiting

You will be attending the training at your own risk

At this point in the pandemic, we expect that some trainees have been vaccinated and some have not. There is a highly contagious Delta variant that is prominent in Idaho. You will be attending the training at your own risk and determining your own comfort level spending a week with a large group of people, some of whom may not be vaccinated. We encourage each trainee to make a decision about whether an in-person training is a good fit for them based on this information. We will have a waiver for you to sign acknowledging that you are attending an in-person training at your own risk. Please reach out to Jess at jess@idahopeersupport.com if you have questions and be prepared to follow the precautions outlined in this document. Please note you will not be able to attend an in-person training at this time if you are not able to participate in the precautions listed above. We appreciate your understanding in this matter.

Refunds

Refunds will be granted in full to any trainee who cannot complete the training due to illness, or who decides they prefer to wait to attend the training at a later date.

Please be kind

We will begin the training by creating a comfort agreement that will give all trainees the opportunity to offer their input and we will be working together to sustain a safe and welcoming environment for everyone in attendance. We welcome trainee feedback at any time. Being understanding, flexible, and adaptable is great practice for your upcoming work as a certified peer support specialist.

Thank you!

We are all in this together and we sincerely appreciate your understanding and commitment to the precautions outlined above. Training facilitators will be available for any questions or concerns you may have and we encourage you to speak with a facilitator at any time. We look forward to meeting you and sharing the training with you!

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