

Stillwaters Counseling is hiring Certified Peer Support Specialists (CPSS) to work one on one with individuals in need of support on their mental health recovery journey. A CPSS is a person who has personal lived experience with their own mental illness or co-occurring disorders, is strong in their recovery, and works alongside individuals receiving mental health services to role model recovery and

support individuals in setting and achieving recovery goals.

Requirements

- Applicants must complete Peer Support Specialist Training and be certified as a CPSS in the state of Idaho
- High School Diploma or GED
- Must be able to pass a background check through the Department of Health and Welfare
- Driver's license and proof of auto insurance
- Reliable transportation

Location

Stillwaters Counseling is located at 1309 Camas St, Blackfoot ID.

Wage

CPSSs at Stillwaters Counseling start at \$21.00 per hour.

Hours

CPSSs typically start out part-time to provide time for training and shadowing and then have the opportunity to grow into a full-time position if desired. CPSSs are able to work a flexible schedule and set their own hours. CPSSs must attend one staff meeting per month and meet one- on-one with their supervisor once per week.

Please send resumes to cecelia.stillwaters@gmail.com and contact Cece @ 208-604-3589 with questions. Please read on for our full CPSS job description.

Job Title: Certified Peer Support Specialist (CPSS) Position Reports To: Peer Support Supervisor

Job Summary:

The CPSS works within the scope of practice as established by the certification of Idaho CPSSs. As a fully integrated member of the professional team, the CPSS will provide peer support services to adults experiencing mental health challenges. All peer support services delivered will promote hope, wellness, recovery, and resiliency for participants. The CPSS also supports a culture of trauma-informed, recovery-oriented, person-centered, strength-based services within the agency by sharing peer support values and lived experience with other team members.

Requirements:

Personal lived experience with a mental health or co-occurring diagnosis and strength in personal recovery with at least one ongoing and continuous year in strong recovery

Current Idaho CPSS certification

GED or high school diploma

Ability to pass a DHW criminal background check

Solid understanding of recovery as a process that is unique for each individual

Willingness to share one's recovery experience with participants and staff

Essential Responsibilities:

CPSS meets with qualified participants in their home and/or in the community to build relationships and support participants in setting and achieving self-directed recovery goals. The CPSS maintains confidentiality of all participant documents, files and communication in written, electronic and/or verbal form.

CPSS Duties:

Share personal recovery experiences and develop authentic peer-to-peer relationships

Support participants in developing self-directed recovery plans that build on participants' strengths and personal wellness goals Support participants in achieving their recovery goals Serve as a role model in recovery and support participants in finding hope and selfempowerment to live a self-directed life Encourage participants to guide their own recovery process and advocate for their needs and rights with their treatment team and in the community Support strategies for participants to identify wellness tools, problem solve, advocate for themselves, combat negative self-talk, and build hope Provide individualized support in accessing community resources and developing natural

supports in the community of the participant's choice

Promote a culture of trauma-informed, strength-based, person-centered, recovery- oriented care within the agency Prepare strength-based case notes on the peer support services provided and encourage participant involvement in writing their case notes

CPSS Role on the Team:

Communicate with the Team about participants' strengths, accomplishments, and choices in relation to their recovery goals Serve as a resource to the Team on incorporating recovery-oriented strategies and tools into all services that are offered

Reinforce an approach of participant self-determination in all aspects of service planning and support a reduction of stigma in the agency environment

Provide ongoing perspective to Team members on the experience of living with mental illness and navigating a recovery process Provide input in developing trauma-informed, person-centered, strength-based, recovery- oriented assessments and service plans Maintain documentation as required including recovery plans, reviews, and case notes

Participate in training required for Team members and encourage training on trauma-

informed, strength-based, person-centered recovery-oriented topics for all staff

CPSS Employee Responsibilities:

Submit weekly time sheets

Participate in monthly staff meetings

Collaborate with clinical supervisor and staff

Submit all necessary documentation (case notes, recovery plans, recovery plan reviews) in a timely manner.

Participate in ongoing evaluation of peer support programming Respond to participant and staff phone calls in a timely and professional manner

Job Qualifications:

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill and abilities required. Reasonable accommodations may be made to allow employees to perform essential functions.

Skills and Abilities:

Ability to communicate effectively, both verbally and in writing Ability to effectively present information and respond in written and/or oral format to

questions from team members, participants, and other community members

Ability to provide peer support while maintaining appropriate professional boundaries

with participants

Ability and willingness to participate as a member of a multidisciplinary team

Proficient computer skills

Access to a vehicle for independent travel

Ethics and Professional Conduct:

Ensure all participant records are maintained in a confidential manner

Share participant information only with those for whom the participant has given consent

Work with participants of all ages over 18, races, religions, and socioeconomic

backgrounds in a respectful and non-judgmental manner

Contribute to a recovery-oriented environment by using person-first language, respectful

documentation, and person-centered planning

Maintain professional boundaries with participants and not engage in inappropriate

relationships or exchange money, gifts, or favors with participants Follow the Idaho Certified Peer Support Specialist Code of Ethics and Professional

Conduct